

**TRAINING EVOLUTION**

# **BATTLE4RUN**

**TRAIN TO IMPROVE YOUR PERFORMANCE**  
**TRAIN TO IMPROVE YOUR HEALTH**

# ABOUT US

Battle4Run is a company committed to the creation of functional and innovative sports equipment. Since we started, Battle4Run has strived to improve the quality of life and functional performance of anyone who acquires any of our products.

Founded by top level soccer professionals and based in Madrid, Battle4Run has a highly specialized team and guarantees European production with the capacity for worldwide distribution.

Battle4Run machines have been conceived, designed, and created in the context of real training. They simulate real-life movements that transfer to the action needs and high-performance requirements in any type of sport. We cannot forget that everyday life can become the most demanding sport.



Thus, our values as a company and a brand are based on

# FOUR BASIC PILLARS

- 1** We fuse functionality with design and innovation.
- 2** We are committed to European manufacturing, and we are proud to say that Battle4Run is a company MADE IN SPAIN.
- 3** Our customer service, sales, and after-sales services are personalized and transparent. At Battle4Run we adapt to the needs of each buyer.
- 4** At Battle4Run we create machines conceived from and for the real-life training needs of top-level athletes.

Battle4Run is driven by the scientific knowledge and professional excellence of its founders and team. Our passion is to improve the physical performance of our customers in sport and in life.



# 1. BATTLE THE ORIGINAL



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# BATTLE THE ORIGINAL

Battle the original is the optimal solution for functional strength training, improving muscular strength and coordination with an integrative approach. Battle develops strength through the everyday movements we use in real life and sports routines. By adding resistance to elementary actions such as sprinting, changes of direction, pull-ups and push-ups, our battle the original takes functional training beyond anything you've ever experienced. Limited only by your imagination, battle will become an essential tool in developing your training programs for maximum strength, explosive power and fatigue resistance.



# WHAT MAKES BATTLE THE ORIGINAL DIFFERENT

## RESISTANCE PROVIDED

Battle allows the user to repeat chained exercises/movements with or without displacements of up to 23 meters, offering constant resistance throughout. Resistance ranges from 4 to 56,5 kilograms distributed in 20 intensity levels. The mechanical design of Battle, together with the industrial manufacturing process and rigorous quality control, guarantees a constant resistance that will not deteriorate over time. This is an important aspect that sets us apart from similar products on the market.

## SPEED CONTROL

Speed control during each repetition is another factor that differentiates Battle from its competitors. It offers the possibility to train with speed control, guaranteeing maximum effectiveness and efficiency during training. In addition, in the original Battle version with Schneider display, it is possible to visualize the speed decrease during repetitions, facilitating the control of the volume of work.



# TECHNICAL CHARACTERISTICS

**MODEL:** Battle the original

**DIMENSIONS:** 819 x 649 x 1012 mm

**PACKAGING DIMENSIONS:** 900 x 700 x 780 mm

**MACHINE WEIGHT WITH WEIGHT / WITHOUT BATTERY:** 128 Kg

**MACHINE WEIGHT WITHOUT WEIGHT:** 100 kg

**REMOVABLE WEIGHT:** 28 Kg

**BATTERY WEIGHT:** 7,5 Kg

**VOLTAGE / POWER WATTS:** 230V – 50 Hz / 20W

**PLUG TYPE CONNECTION:** C13

**CONNECTION CABLE:** Shucko a C13

**TRACTION BELT LENGTH:** 23m

**TRACTION BELT COLLECTION:** Retractable

**BREAK TYPE:** Electromechanical

**TRANSPORTATION:** Wheels and handlebars

**HEIGHT ADJUSTMENT:** Side handles

## 2. SLIDER



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# SLIDER

Battle4Run is proud to launch a new high-quality product that adheres to the brand's philosophy: fusing functionality with design and innovation. With Slider by Battle4Run, sliding takes center stage.

**1** Battle4Run Slider allows you to easily perform a functional workout with exercises carried out at maximum (or near maximum) range of motion. Slider allows you to perform a wide variety of exercises on one or two sliding platforms, especially stressing the eccentric phase of the movements.

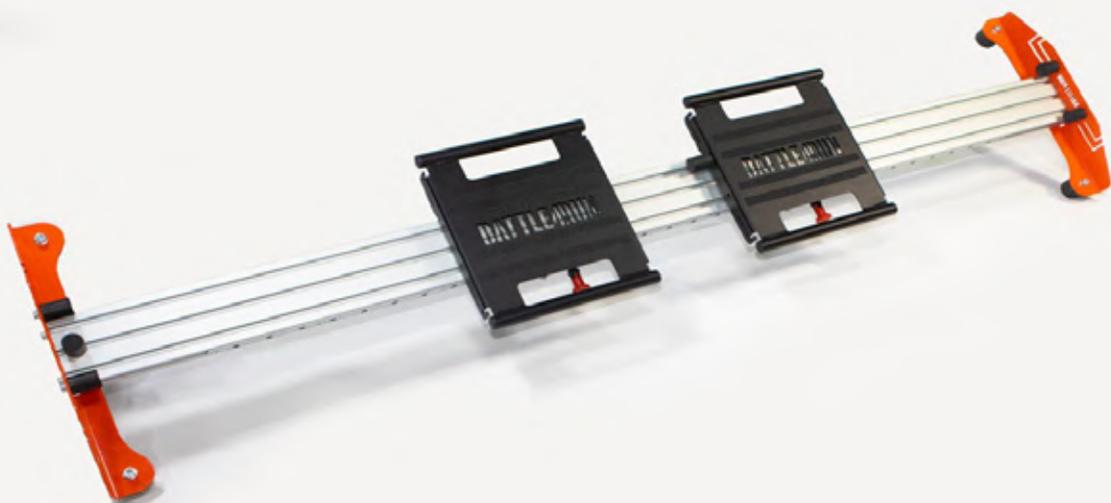
**2** Slider's design guarantees uniform sliding without speed changes. It is a unique product that offers two movable surfaces or platforms that can be independently fixed allowing the use of one platform or both simultaneously. The platforms can be used with or without pads to cushion delicate body parts, such as the knees, elbows or hands.



**3** Slider allows the user to define the total range of displacement through adjustable stopping mechanisms.

**4** Slider allows you to increase the resistance or inertia of the movement through the use of mini elastic bands. BAttle4Run Slider includes two mini bands exclusively manufactured by Flexvit for Battle4Run. We are very pleased to collaborate with a company known for quality, adding excellence to our product.

**5** Slider is extremely easy to transport (it weighs less than 20 kilograms) and stands out for its stability and robustness (it can withstand up to 140 kilograms).



# TECHNICAL CHARACTERISTICS

**GUIDE PROFILE** extruded in 6061 hardened T6 grade aluminum with silver anodized surface treatment.

30x30 cm steel **PLATFORMS** with non-slip surfaces and handles.

Movement **LOCKS** under each platform to select desired end points.

40 Shore **RUBBER FEET** provide ultra-non-slip grip.

40 Shore **RUN-END RUBBER STOPS** quietly cushion the end of each run.

**STOP RUN ADJUSTMENT** limits platform travel distance during the exercise.

**SEALED BEARINGS** on each wheel keep dirt out and ensure smooth and quiet long-term rolling.

**MAINTENANCE:** Slider does not need greasing.

**STORAGE:** Slider can be turned upside down and stored vertically.

Slider is a robust, silent, clean, grease and oil-free linear guidance system that does not need to be greased or lubricated. The self-lubricating polyamide wheels provide smooth and silent motion. The platforms' anti-tip system ensures safety and stability. The slider can be used on slopes or inclined at different heights without the need for support under the lower central stop.

# 3. CRAB



E1



M1

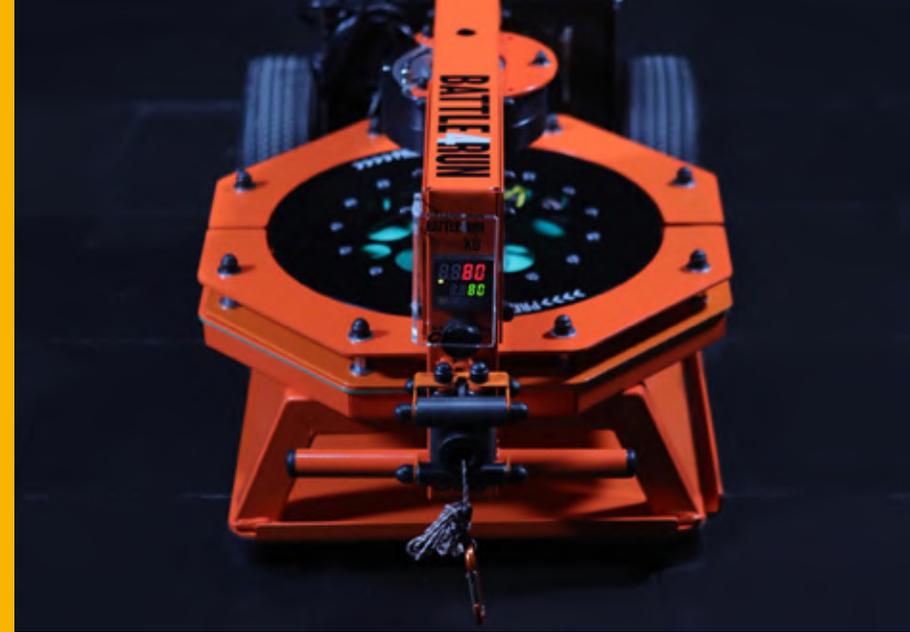
# CRAB

## A MACHINE CREATED FOR TRAINING

CRAB by Battle4Run is a portable machine conceived for sports training with a groundbreaking design. It is consolidated in the market with two versions. An electric version (CRAB E1) and a mechanical version (CRAB M1).

**E1** CRAB E1 incorporates a high performance electro-brake controlled by a display that allows the selection and visualisation of the selected resistance level in each execution or displacement.

**M1** CRAB M1 is a non-electrically powered machine, which means that it can be placed and trained anywhere without the need for a battery. The M1 version is equipped with a stainless steel disc brake that guarantees high mechanical performance. The braking power is controlled by a handwheel located at the top of the machine. With only two turns of the handwheel we can obtain a resistance during the whole displacement ranging from 4 to 40 kilograms.



## CRAB E1

## CRAB M1

### TRANSPORTATION

Its innovative design allows the CRAB (E1-M1) to be a light and easy to transport machine.

### WORK RANGE

Offers a range of resistances from 3 to 60 kg. These kilograms are direct traction. Compared to a traditional sled, they are equivalent to 1.5-3 times more depending on the friction surfaces.

Offers a range of resistances from 4 to 40 kg. These kilograms are direct traction. Compared to a traditional sled, they are equivalent to 1.5-3 times more depending on the friction surfaces.

### MOTOR AND DISPLAY

**ELECTRIC MOTOR:** The E1 is equipped with a top quality electro-brake that guarantees a constant and lasting resistance over time throughout the rope's travel.

**DISPLAY:** CRAB has a display that allows the athlete to select the kilograms with which he/she wants to traction or displacement.

**MECANICAL MOTOR:** The M1 version is equipped with a stainless steel disc brake, which is braked by two brake shoes composed of a high-performance filter.

**NO DISPLAY**

### DISPLACEMENT

CRAB (E1-M1) allows a displacement of up to 23 meters with very good rope recovery.

## CRAB E1

## CRAB M1

### ROPE PICK UP

CRAB (E1-M1) offers an energetic and efficient pick-up. Its innovative design allows the spring preload to be adjusted, subtracting or adding pick-up energy. The spring is easily accessible from the outside and can be lubricated by anyone without mechanical knowledge or specialised personnel.

### ROPE CHANGE

Over the years, when it is necessary to change the CRAB (E1-M1) rope, you can do it yourself.

### ACCESSORIES

With optional battery, includes harness and mono-bilateral traction straps.

Includes harness and mono-bilateral traction straps.

### GRIP TO THE GROUND

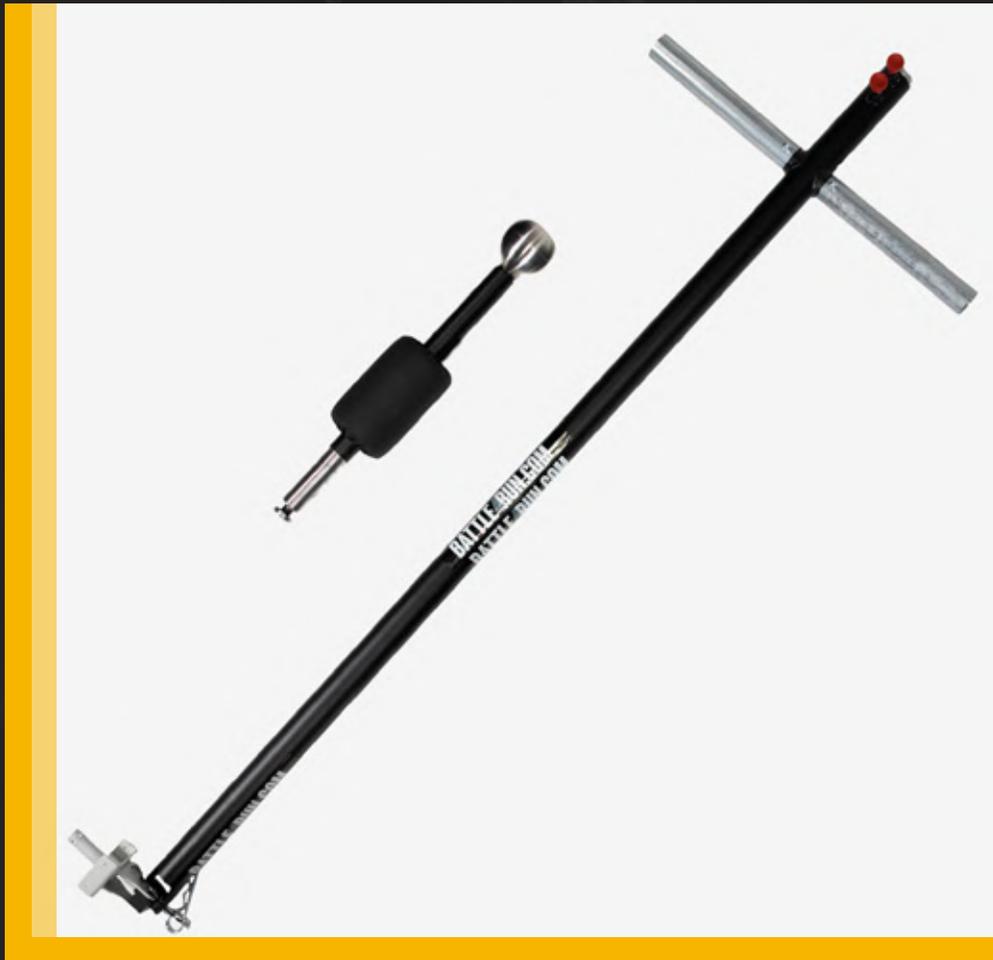
The crab is mounted on soft rubber feet that provide a high grip to the ground. In addition, in its lower part there is a storage area or platform to introduce weight or load, thus increasing the machine's grip on the work surface even more.



# TECHNICAL CHARACTERISTICS

	<b>CRAB E1</b>	<b>CRAB M1</b>
<b>DIMENSIONS</b>	870 x 510 x 410 mm	870 x 510 x 380 mm
<b>PACKING DIMENSIONS</b>	800 x 600 x 630 mm	
<b>MACHINE WEIGHT</b>	56 kg	45 kg
<b>MACHINE WEIGHT WITH PACKAGING</b>	71 kg	60 kg
<b>VOLTAGE / POWER WATTS</b>	230V - 50/60 Hz / 20W / Special voltage 110V - 50/60 Hz / 20W	-
<b>PLUG TYPE CONNECTION</b>	C13	-
<b>CONNECTION CABLE</b>	Shucko to C13	-
<b>PULLING CABLE LENGHT</b>	23 meters	
<b>PICK-UP</b>	Retractable	
<b>BRAKE</b>	Electro-brake	Mecanical-brake
<b>TRANSPORT</b>	Wheels and handle	
<b>WORKING RANGE</b>	Min 3kg (6,6 Lb) / Max 60 kg (132 Lb)	Min 4kg (8,8 Lb) / Max 40 kg (88 Lb)

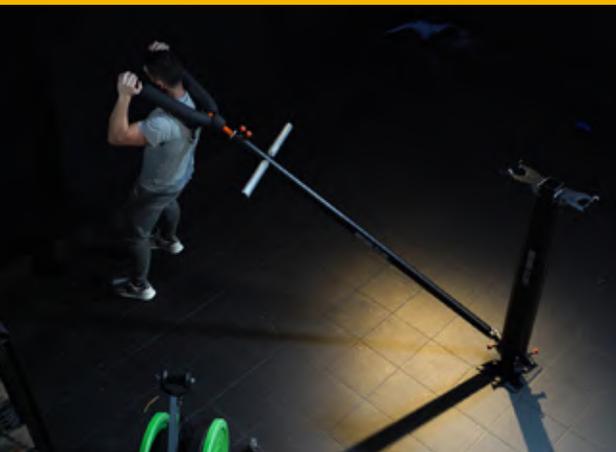
# 4. 360 BAR



# 360 BAR

360 BAR is the Battle4Run machine that will allow you to train strength and muscle power in multi-plane functional gestures with a variable spectrum of resistances and through really free and intuitive executions. Recommended for all types of clients and designed for training in confined spaces.

**AN INDISPENSABLE MACHINE TO WORK THE  
WHOLE BODY IN A FUNCTIONAL WAY ON  
VERTICAL INCLINED PLANES**



The 360 BAR is conceived and designed for all types of customers. It is a bar with a loading area that is fixed and adjustable in height, guaranteeing 360 degrees of freedom of movement. The 360 BAR includes a supplement for unilateral work finished in a steel ball that guarantees a better grip. This supplement together with the accessory for bilateral executions created by B4R, makes the 360 BAR an essential machine for training strength and muscle power in multi-plane functional gestures with a variable spectrum of resistances and through truly free, natural and intuitive executions.



**360 BAR-RACK**



**360 BAR-WALL**



**360 BAR-FLOOR (TWO BARS)**



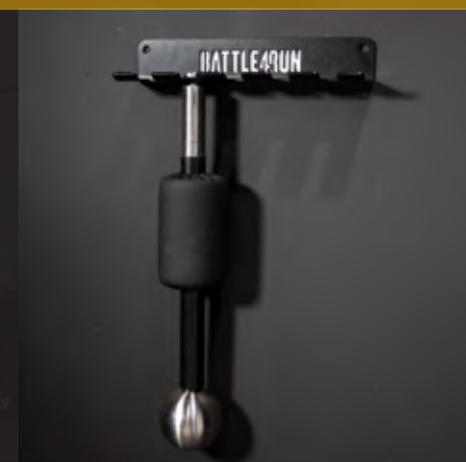
**360 BAR-FLOOR (ONE BAR)**

Battle4Run has designed three accessories that complete the 360 BAR. These accessories make it a versatile, multi-purpose, global functional training machine, ideal for all types of clients and with options to place it in any space.

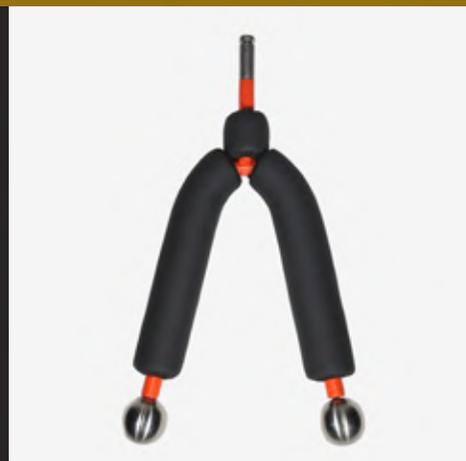
### ACCESSORY 1: HEIGHT-ADJUSTABLE STAND WITH DISC STORAGE



### ACCESSORY 2: HANGER FOR SUPPLEMENTS STORAGE



### ACCESSORY 3: 360 BAR BILATERAL





Another highlight of the 360 BAR is that once you finish working, you place and store it in an upright position. This detail makes the 360 BAR an ideal machine for training in confined spaces.



 **BATTLE4RUN**

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A man and a woman are running in a gym. The background wall is covered in a dense pattern of various speakers and audio equipment. The scene is dimly lit, with the runners and the central text being the primary focus.

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